



Our aim to provide a mutually supportive and positive learning environment in which members have the opportunity to develop communication and leadership skills, fostering self-confidence and personal growth through public speaking and presentation skills.

We help people from all walks of life become better able to speak in public. Each meeting is carefully designed to provide everyone with the opportunity to speak and receive feedback - although no-one has to speak unless they wish to do so!

GUESTS ARE VERY WELCOME - Please visit ' [Next Meeting](#) ' page, [contact](#) or telephone Kem Galbraith 01202 861452 to say you will be coming along. You will be made welcome and enjoy a fun evening in a friendly and supportive environment, and can come to two meetings free of charge. When you decide to join, membership is only a one-off joining fee of £20 then £10 per month by standing order (covering two meetings each month).

For Public Speaking, Effective Presentations and Presentation Skills, Confidence to Speak in Public and Building Self-Esteem: Cottonwood Speakers, Bournemouth (covering Poole Christchurch Wimborne Ringwood - Dorset & Hampshire).